



WEEK 1

**Classic Favourites**

MONDAY



**EASTERN**

TUESDAY



**Great British**

WEDNESDAY



**SOUTHERN STYLE**

THURSDAY



**Fish & Chips**

FRIDAY



**MAIN MEAL**

**CHICKEN STROGANOFF**

Rice

**BEEF LASAGNE**

Homemade Garlic Bread

**HONEY MUSTARD GLAZED GAMMON**

Roast Potatoes & Gravy

**CHICKEN DOPIAZA**

Rice

**CHIP SHOP 'FRYDAY' FISH PIZZA, SAUSAGE OR FISHCAKE**

Chips

**VEGETARIAN MEAL**

**MUSHROOM STROGANOFF**

Rice

**VEGETABLE & BEAN LASAGNE**

Homemade Garlic Bread

**MACARONI CHEESE WITH A CRUNCHY TOPPING**

**PANEER & CHICKPEA CURRY**

Rice

**CHIPOTLE QUORN TORTILLA**

**VEGETABLES**

**STEAMED BROCCOLI**

**GARDEN SALAD**

**SEASONAL VEGETABLES MIXED SALAD**

**CORIANDER & ONION SALAD**

**PEAS TOMATO SALSA**

**PASTA POTS**

**TOMATO & BASIL**

**CHEF SPECIAL**

**TOMATO & BASIL**

**CHEF SPECIAL**

**TOMATO & BASIL**

**JACKET POTATO**

**TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS**

**DESSERT**

**MIXED BERRY & APPLE CRUMBLE**

Custard

**CORNFLAKE CRISPY CAKE**

**PEAR & COCOA SPONGE**

Custard

**APPLE & CHOCOLATE PINWHEEL**

**CHEF SPECIAL**

**FRUIT**

**SELECTION OF FRUIT AVAILABLE DAILY**

**JELLY POTS**

**SELECTION OF JELLY POTS AVAILABLE DAILY**

**YOGHURT POTS**

**SELECTION OF YOGHURT POTS AVAILABLE DAILY**

TRY OUR HOME-MADE **SOUP** WITH FRESHLY BAKED BREAD

LOOK OUT FOR **AMAZING BLUE DOT MEAL DEALS**



**PIZZAS, WRAPS & PANINIS FRESH OPTIONS EVERY DAY**

**TAKE HOME A TAKEAWAY**

Collect Before You Go Home

**LUNCH MEAL DEAL**

Check out what's on offer today!

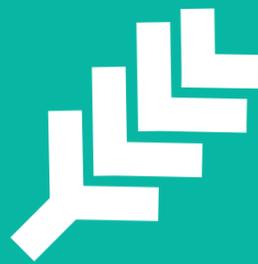


WATCH OUT FOR OUR

**POP UP & STREET FOOD PROMOTIONS**

All of Our Deli Range, Sandwiches, Salads & Desserts are

**FRESHLY MADE HERE DAILY**



**WEEK 2**

**Classic Favourites**  
MONDAY 

**EASTERN**  
TUESDAY 

**Great British**  
WEDNESDAY 

**SOUTHERN STYLE**  
THURSDAY 

**Fish & Chips**  
FRIDAY 

**MAIN MEAL**

**MACARONI CHEESE WITH A SELECTION OF TOPPINGS**

**SAUSAGE & MASH**  
Gravy

**ROAST TURKEY**  
Roast Potatoes & Gravy

**CARIBBEAN CHICKEN CURRY**  
Rice

**CHIP SHOP 'FRYDAY' FISH, PIZZA, SAUSAGE OR FISHCAKE**  
Chips & Peas

**VEGETARIAN MEAL**

**MACARONI CHEESE WITH A SELECTION OF TOPPINGS**

**PLANT BASED SAUSAGE & MASH**  
Gravy

**ROASTED BUTTERNUT SQUASH & EDAMAME BEAN WELLINGTON**  
Roast Potatoes, Gravy

**REGGAE REGGAE SWEET POTATO CURRY**  
Rice

**VEGAN FALAFEL BURGER**  
Chips

**VEGETABLES**

**SALAD**

**CARROTS & PEAS**

**SEASONAL VEGETABLES**

**GINGER FRIED GREENS**

**PEAS NAKED SLAW**

**PASTA POTS**

**TOMATO & BASIL**

**CHEF SPECIAL**

**TOMATO & BASIL**

**CHEF SPECIAL**

**TOMATO & BASIL**

**JACKET POTATO**

**TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS**

**DESSERT**

**JAM SPONGE**  
Custard

**PEAR & GINGER CRUMBLE**  
Cinnamon Custard

**CHOCOLATE SPONGE**  
Chocolate Sauce

**APPLE & BLACKBERRY CRUMBLE**  
Custard

**SYRUP SPONGE**  
Custard

**FRUIT**

**SELECTION OF FRUIT AVAILABLE DAILY**

**JELLY POTS**

**SELECTION OF JELLY POTS AVAILABLE DAILY**

**YOGHURT POTS**

**SELECTION OF YOGHURT POTS AVAILABLE DAILY**

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WITH FRESHLY BAKED BREAD

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FRESH OPTIONS EVERY DAY

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WEEK 3

|                                     |                           |                                   |                                   |                                   |
|-------------------------------------|---------------------------|-----------------------------------|-----------------------------------|-----------------------------------|
| <b>Classic Favourites</b><br>MONDAY | <b>EASTERN</b><br>TUESDAY | <b>Great British</b><br>WEDNESDAY | <b>SOUTHERN STYLE</b><br>THURSDAY | <b>Fish &amp; Chips</b><br>FRIDAY |
|-------------------------------------|---------------------------|-----------------------------------|-----------------------------------|-----------------------------------|

|                  |   |  |  |                              |  |
|------------------|---|--|--|------------------------------|--|
| <b>MAIN MEAL</b> | <b>BBQ CHICKEN FAJITA</b><br>Vegetable Rice | <b>BEEF &amp; TOMATO RAGOUT</b><br>Pasta | <b>ROAST LEG OF PORK</b><br>Roast Potatoes & Gravy | <b>CHICKEN KORMA</b><br>Rice | <b>CHIP SHOP 'FRYDAY' FISH, PIZZA, SAUSAGE OR FISHCAKE</b><br>Chips & Peas |
|------------------|---|--|--|------------------------------|--|

|                        |   |                                    |   |   |  |
|------------------------|---|------------------------------------|---|---|--|
| <b>VEGETARIAN MEAL</b> | <b>FALAFEL &amp; VEGETABLE FAJITA</b><br>Vegetable Rice | <b>PLANT BASED RAGOUT</b><br>Pasta | <b>ROAST BEETROOT, ONION &amp; GOATS CHEESE PUFF PASTRY</b><br>Roast Potatoes & Gravy | <b>SQUASH, CHICKPEA &amp; SPINACH KORMA</b><br>Rice | <b>VEGAN ONION BHAJI BURGER</b><br>Chips |
|------------------------|---|------------------------------------|---|---|--|

|                   |                    |              |                            |                    |                  |
|-------------------|--------------------|--------------|----------------------------|--------------------|------------------|
| <b>VEGETABLES</b> | <b>SPICED SLAW</b> | <b>SALAD</b> | <b>SEASONAL VEGETABLES</b> | <b>ONION SALAD</b> | <b>PEAS SLAW</b> |
|-------------------|--------------------|--------------|----------------------------|--------------------|------------------|

**PASTA POTS**

|                           |                     |                           |                     |                           |
|---------------------------|---------------------|---------------------------|---------------------|---------------------------|
| <b>TOMATO &amp; BASIL</b> | <b>CHEF SPECIAL</b> | <b>TOMATO &amp; BASIL</b> | <b>CHEF SPECIAL</b> | <b>TOMATO &amp; BASIL</b> |
|---------------------------|---------------------|---------------------------|---------------------|---------------------------|

**JACKET POTATO** **TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS**

|                |   |  |                                       |  |   |
|----------------|---|--|---------------------------------------|--|---|
| <b>DESSERT</b> | <b>APPLE &amp; BERRY PIE</b><br>Custard | <b>WARM CHOCOLATE BROWNIE</b><br>Chocolate Sauce | <b>STICKY LEMON SPONGE</b><br>Custard | <b>SPICED APPLE SPONGE</b><br>Cinnamon Custard | <b>PEAR &amp; COCOA SPONGE</b><br>Custard |
|----------------|---|--|---------------------------------------|--|---|

**FRUIT** **SELECTION OF FRUIT AVAILABLE DAILY**

**JELLY POTS** **SELECTION OF JELLY POTS AVAILABLE DAILY**

**YOGHURT POTS** **SELECTION OF YOGHURT POTS AVAILABLE DAILY**

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